

Welcome To The Dance Department



Academy & Arts College

What to Expect in Dance

- ▶ Dance is well-established within the curriculum at Abbs Cross Academy and Arts College and is a vibrant, ever changing subject, which enables our students to develop their communication, problem solving and confidence, as well as maturing their memory, creativity and initiative.
- ▶ Dance is taught at both Key Stage 3 and 4 at Abbs Cross Academy. It is within the Performing Arts faculty and increases students' knowledge on physical, technical and expressive skills, through practical activity.

What to Expect in Dance

- ▶ General Outcomes and Objectives of Dance
 - ▶ *Promotion of fitness, healthy lifestyle, teamwork and creativity*
 - ▶ *Develops independent learning*
 - ▶ *Allows for critical and reflective thinking*
 - ▶ *Matures students' understanding of a range of dance styles through performance, creation and appreciation*
 - ▶ *Advances physical, technical and expressive skills, which you are able to communicate choreographic intention and individuality as a performer*



KS3 DANCE CURRICULUM

2020 ONWARDS

| Term | Year 7 | Year 8 | Year 9 |
|---------------|--|--|---|
| Autumn | Introduction To Dance: The 5 Basic Body Actions | Dance For Musicals: Hairspray | Dance Genres: Dance Decades |
| | | Dance and Music: ICONS | |
| Spring | Dance For Musicals: Charlie and The Chocolate Factory | Dance For Musicals: Aladdin | GCSE Dance: World Dance Samba Dance |
| | | Dance and Sport: Dance Fitness | |
| Summer | Dance Genre: Street Jazz | World Dance: Bollywood | GCSE Dance: Dance Genre Street and Hip Hop |
| | | Dance Genre: Street and Hip Hop | |

KS3 DANCE CURRICULUM





KS4 DANCE CURRICULUM

2020 ONWARDS

WHAT DO WE STUDY AT GCSE LEVEL?

| | Year 10 | | Year 11 | |
|--------|---|---|--|---|
| Autumn | Practical: Contemporary Warm Up Cardiovascular Warm Up Centre Exercises Solo Performance | Theory: RADS and Motifs Dancer's Diet Physical Skills Technical Skills Expressive Skills Anthology 1 | Practical: Choreographic Process Choreography | Theory: Anthology 5 Anthology 6 |
| Spring | Practical: Duo/ Trio Performance | Theory: Anthology 1 Anthology 2 Anthology 3 Anthology 4 | Practical: Final practical examination | Theory: Revision |
| Summer | Practical: Component 1 and explore practitioners for devising. Theory: Portfolio research and writing. | | | Theory: Final written examination |

GCSE RESULTS

▶ 2020

▶ 4 – 9 83%

▶ 7 – 9 58%

DANCE COMPANIES – KS3 Dance Club



- ▶ A chance for students of all ages to rehearse as a troupe and enjoy performances at The Winter Variety, Big Dance and Summer Showcase.

DANCE COMPANIES – AX Jnrs

- ▶ AX Jnrs is an auditioned group for year 8 and 9 students, who perform at internal events and compete in external events.



DANCE COMPANIES – AX DANCE

- ▶ AX Dance Company won 1st place at the Secondary Dance Competition in 2014, 2015, 2016, 2017, 2018, 2019 **and** 2020
- ▶ They also won SILVER at the London finals, at the Copperbox Arena in 2019, against 24 other London boroughs.



THE DANCE OFF

- ▶ A competition to audition and enter for all ages and all styles of dance with some familiar staff faces as judges!

